

# How much electricity can a portable power bank store





## Overview

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What is a power bank capacity?

A power bank's capacity determines how much charge it can store and deliver to your devices. This capacity is expressed in milliampere-hours (mAh), which measures the amount of electrical charge a battery can hold. The higher the mAh rating, the more power it can supply.

How much energy does a power bank store?

Most power banks store energy at 3.7 volts but must convert it to 5 volts or higher to charge your devices. During this process, a portion of the energy is lost as heat or used to power internal circuits. Another factor that affects capacity is the efficiency of the charging setup.

How to choose a power bank?

So you want a power bank with fast, efficient charging technology. Capacity is measured in milliampere hours (mAh). The higher the number the greater the capacity and the more devices you can charge before the power bank's Lithium-ion battery needs its own charge. Speed is measured in watts (w).

How many charges can you get from a power bank?

Here's how many charges you can get, depending on your devices: For smartphones, you can expect around two full charges from a 10,000mAh power bank, depending on the model. Most modern smartphones have batteries ranging from 3,000mAh to 5,000mAh.



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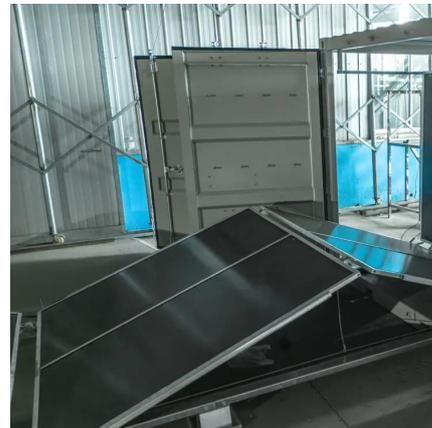
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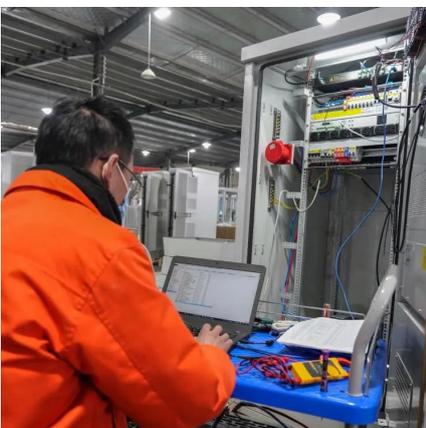
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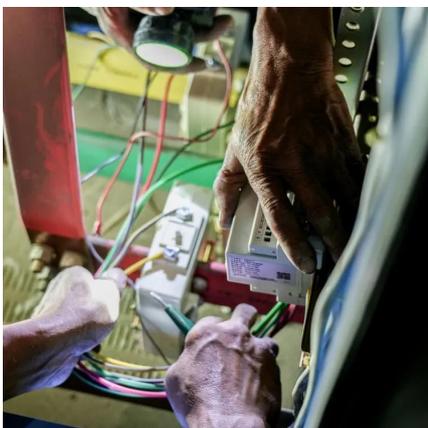
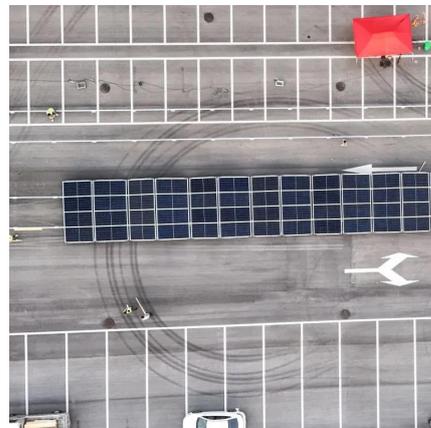


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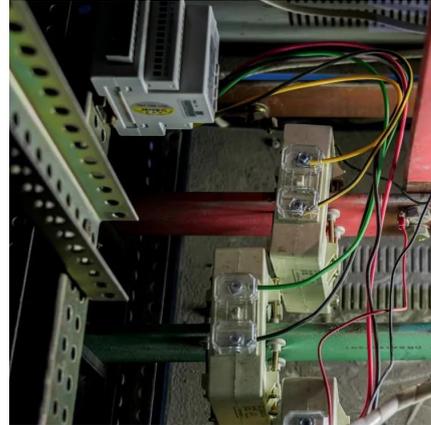
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